



Symptom Survey

Please circle as many as apply:

Patient Name : _____ **Date :** _____

General Symptom: Nervousness Irritable Depression Loss of Sleep
Tension PMS Jaw Pain Lightheaded Memory Loss Fainting
Blurred Vision Double Vision Sensitive to light Loss of Balance Hearing Loss
Ringing in ears unexplained weight loss or gain

Head: Headaches: Mild Moderate Severe

How often? _____ Times per (Circle).... Day Week Month

Description of Pain: Sharp Dull Constant Intermittent

Location: Back of Head Forehead Temples Right side Left Side Behind Eyes

Neck: Description of Pain: Mild Moderate Severe Locations: Right Left
Both

Are you having any of the following: Stiffness Muscle Spasm Grinding Sounds

Pain Increased by: Fwd Movement Backward Movement Rotate head Right

Rotate head Left Bend head Left Bent head Right

Shoulder: Pain in Joint: Right Left Both
Pain Level: Mild Moderate Severe



Pain across Shoulders: Right Left Both

Pain Level: Mild Moderate Severe

Limitation of Shoulder Movement: Right Left Both

Tension: Right Left Both

Arms: Upper Arm Pain: Right Left Both

Forearm Pain: Right Left Both

Pain Level : Mild Moderate Severe

Numbness/Tingling Forearm: Right Left Both

Elbow Pain: Right Left Both

Pins and Needles (Upper Arm): Right Left Both

Hands: Pain in Wrist: Right Left Both Pain in Hand: Right Left Both

Numbness/ Tingling (Hand): Right Left Both

Chest: Pain Location: Right Left Both Pain Level: Mild Moderate Severe

Do you have Pain around Ribs Shortness of Breath Irregular Heartbeat

If so, Please explain: _____

Abdominal: Level of Pain: Mild Moderate Severe

What kind of Pain: Nervous Stomach Nausea Gas Constipation Diarrhea

Heartburn Indigestion Loss of Appetite

Upper Back: Pain Location: Right Left Both

Pain Level: Mild Moderate Severe Type of Pain: Sharp Stabbing Dull



Muscle Spasms: Right Left Both

Mid Back: Pain Location: Right Left Both

Pain Level: Mild Moderate Severe Type of Pain: Sharp Stabbing Dull

Muscle Spasms: Right Left Both

Low back Pain: Pain Level: Mild Moderate Severe

Low Back Pain: Right Left Both

Sacroiliac Pain: Right Left Both Muscle Spasms: Right Left Both

Hip and Legs:

Pain in Buttocks: Right Left Both Pain Level: Mild Moderate Severe

Pain in Hip: Right Left Both Pain Level: Mild Moderate Severe

Pain down Leg(s): Right Left Both Pain Level: Mild Moderate Severe

Numbness down Leg(s): Right Left Both

Pins and Needles (legs): Right Left Both

Leg Cramps: Right Left Both



Knees and Feet: Knee pain: Right Left Both Pain Level: Mild Moderate Severe

Knee Swelling: Right Left Both Ankle Swelling: Right Left Both

Ankle Pain: Right Left Both Pain Level: Mild Moderate Severe

Numbness of Feet: Right Left Both Pain Level: Mild Moderate Severe

Foot Pain: Right Left Both Pain Level: Mild Moderate Severe

Foot Swelling: Right Left Both Foot Cramps: Right Left Both

If you are having any other Pain or Swelling that was not on this form please feel free to Tell us about it below.....

This Survey will help the Doctor to better understand your symptom and make her diagnosis.